

Connecticut Care Planning Council



March 2011 Newsletter

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Featured Board Member: **Henry C Weatherby**

CT Care Planning Council

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Counselors at Law
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In This Issue

The [Connecticut Care Planning Council](#) (CTCPC) lists companies and individual providers on our website who help families deal with the crisis and burden of long term care.

One purpose of the CTCPC is to educate the public on the need for care planning *before* a crisis occurs. A second purpose is to provide, in one place, all of the available government and private services for eldercare.

Finally, our ultimate mission is to offer a trusted listing service that the public will recognize and turn to for expert help in dealing with the challenges of long term care.

Call us at 860-769-6938

or click [here](#) to send an e-mail



Weatherby & Associates, PC
Counselors at Law
Helping Families Preserve and Protect Assets and Values

Michael Savenelli, Sr.



Dan Fisher



Elaine Pavasaris



John Carmon
Carmon Funeral Homes



Hartford
VNA

Event Calendar:

VA Seminar
3/16/2011
5:30 PM

1160 Elm Street
Rocky Hill, CT 06067

**Health, Wealthy and
Wise**

4/19/2011

Senior Relocation and Real Estate Services

As people age, they often become overly attached to their homes and even though there may be compelling reasons to find other living arrangements, these folks will go to extreme lengths to remain in their homes.

Notwithstanding the affection for their dwellings, there is oftentimes undeniable pressure for seniors to move out and into a different living arrangement. Consider the following:

- The challenge of maintaining a yard and providing upkeep has become too great.
- There is a need for long term care that can't be handled in the home.
- The older person needs supervision that can't be provided in the home.
- The neighborhood has deteriorated and safety is a concern.
- There is a desire to be near children or grandchildren (70% of those 65+ live within 1 hour of a child).
- The home cannot accommodate disability needs.
- There is a need to avoid climbing stairs.
- Assets are tied up in the home and cash is needed through selling the property.
- Driving is no longer possible and available local transportation is not adequate.
- There is a desire for a warmer climate, a yearning for new vistas or a need for challenging new experiences.

Typically, the thought of giving up their residence, finding new accommodations, downsizing personal possessions and executing the move can seem overwhelming to many older people.

Perhaps another obstacle for many seniors, contemplating a move, is the lack of support or help from family members. In fact, some seniors have no children. For others, the children are living far away or are extremely busy with their jobs or their own families. And in some cases -- because people are living so long -- the children are elderly as well and find it

5:30 PM

Arden Courts of
Farmington
45 South Road
Farmington, CT 06032

**Turning Crisis into
Transition
(For Financial
Planners)**

5/5/2011
5:30 PM

417 Main Street
Niantic, CT 06357

Contact Us:
34 Jerome Avenue,
Suite 310
Bloomfield, CT 06002

(860)769-6938

Offers & Info:
[Veterans Aid &
Attendance Benefits](#)

difficult to help with the move.

This overwhelming pressure and stress relating to moving can often result in gridlock -- a failure to make any decision at all.

Because many elderly people face such a daunting task with moving, a growing number of senior relocation specialists are stepping forward to provide assistance. These individuals or companies provide or arrange for the following services:

- advice and counseling,
- help with finding new accommodations,
- downsizing possessions through personal,
- caring assistance with discarding, donating or arranging estate sales,
- selling the existing property, organizing, arranging and scheduling the move,
- unpacking at the new location and removing boxes and other debris,
- setting up and arranging furniture.

And it isn't just the older person, contemplating a move, who is hiring these specialists. Active senior communities, independent living facilities, nursing homes and assisted living often retain a relocation specialist to provide advice and arrange services to help seniors with a move. Family members of seniors have also found it more convenient to hire a specialist to help their loved ones with relocation.

So who are these companies or individuals who provide seniors relocation and real estate services?

A Seniors Real Estate Specialist (SRES) is a real estate agent who specializes in helping the older adults transition to a new location. The specialist has been trained to recognize the special needs of seniors and understand the various living arrangements available to older people. Most of these specialists concentrate on selling the property and do not directly provide relocation services but they will arrange for companies or individuals or advisors who can provide these other services.

Senior Move Managers

A Senior Move Manager is a member of the [National Association of Senior Move Managers](#). These people often have a background in social work or case management and have experience working with the older adults. As such, they understand the needs and desires of seniors. Senior Move Managers can provide or arrange for any needed service such as counseling and advice, selling property, downsizing or relocating their clients.

Moving Companies

Many independent moving companies recognize the special needs of seniors and they will provide moving services, storage and other specialized programs for this unique group of customers. These companies will often work together with senior advisors and relocation specialists.

Specialists with Developers or Senior Communities

Active senior community developers, senior residences and care facilities have recognized that providing relocation services will help their clients or residents transition more quickly into the new living arrangements. This not only relieves the stress on the seniors but also results in less cost to the providers who might be holding open properties or rooms for a long period of time -- while receiving no income -- due to the difficulty of selling the old residence and relocating.

Professional Organizers

Professional organizers -- many of whom are members of the [National Association of Professional Organizers](#) -- have found a unique niche in helping people reduce clutter in their homes or provide a more efficient office or living environment. Because of extensive experience in reducing personal possessions, a professional organizer can be particularly useful in helping to downsize in anticipation of a move.

Aging Parents and Adult Children with Down Syndrome

Increased longevity proves to be an opportunity to wade into uncharted waters for aging parents of Down Syndrome children.

Individuals with Down Syndrome are living longer than ever; some, into their 60s. This poses a dilemma for parents who are now retired and may be facing their own challenges of aging or perhaps caring for an ill spouse.

Individuals with Down Syndrome generally age prematurely, generally at midlife experiencing chronic illnesses such as vision loss, arthritis and osteoporosis at just about the same time as their aging parents. Additionally Down Syndrome individuals many times develop Alzheimer's disease, leaving their aging parents to watch their decline and eventual death.

One family experienced the Down Syndrome daughter's pain of watching her mother suffer the slow, debilitating death of Alzheimer's. It's difficult for healthy individuals to watch and comprehend the death of a loved one but it's especially painful for an adult child with Down Syndrome. Many times, that parent is the only caregiver the adult child may have known.

The mother referenced in this article placed her daughter on a waiting list at a group home. Nothing about financial or Life Care Planning was mentioned.

This burgeoning dilemma points out the necessity of special needs trusts and planning for the day when physically, emotionally, or mentally challenged adult children may be left on their own due to the death of their parents.

Source:

Down syndrome caregivers face new challenges as they age

USATODAY.com

3/22/10

Wisdom from the Web

It's hard to feel middle-aged, because how can you tell how long you are going to live? ~Mignon McLaughlin, *The Neurotic's Notebook*, 1960